**London Marathon 2019**

**v1 (Thank You)**

**Transcription**

# COMMENTARY:

This year, 100 runners, 26 with sight loss, ran the London Marathon for RNIB.

# TEAM RNIB RUNNER (BRIAN):

I'm running for team RNIB this year in the London Marathon.

I've chosen to run for these guys because it's a great charity, the work they do supports so many people with a condition that could affect any one of us so it's something really worth getting behind and supporting.

# COMMENTARY:

We’re so proud of our runners, who’ve raised more than £220K for people with sight loss.

# TEAM RNIB RUNNER (SAM):

I chose RNIB because my dad is partially sighted.

# TEAM RNIB RUNNER (LIZZI):

They've give me a great sense of optimism about my future.

# TEAM RNIB RUNNER (JO):

My brother lost his - partially lost his sight through glaucoma.

# TEAM RNIB RUNNER (LIZZI):

I was affected by almost sight loss.

# TEAM RNIB RUNNER (LIZZI):

Because of my grandparents who were both blind.

# TEAM RNIB RUNNER (TREANA):

And I just want to give something back as a way of saying thank you.

# TEAM RNIB RUNNER (MIKE):

I got a ballot spot, but I still decided to run for you guys.

# TEAM RNIB RUNNER (MILLIE):

I'm Lizzi's guide runner and I'll be running, somehow, the 2019 Marathon with her. I was very privileged that she'd asked me and had enough trust in me to have that responsibility.

# TEAM RNIB RUNNER (LIZZI):

So we're just about to start the race, we're really excited...

# TEAM RNIB RUNNER (MILLIE):

- A bit nervous.

# TEAM RNIB RUNNER (LIZZI):

Yeah, and nervous.

# LIZZI & MILLIE’S FAMILY AND FRIENDS:

Go Lizzi and Millie and team RNIB!

# TEAM RNIB RUNNER (BRIAN):

The team work and the support you get running for the RNIB is second to none.

# TEAM RNIB RUNNER (JO):

You get great support from the RNIB and the personal trainer that they've put in place, everyone's always on hand to answer everything you need to know. I live on the route of the Marathon, I've been watching it since I was a little girl, so I decided this year to do it. As long as I can make it from the start to the finish then I'll be happy with that.

# TEAM RNIB RUNNER (MIKE):

The people, the crowds just get you through shouting your name just get you through shouting your name.

# TEAM RNIB SUPPORTERS:

Go Zoe!

# TEAM RNIB RUNNER (MANNISH):

Emotionally, physically it was tough, particularly the second half, but the one thing that did help me keep going was the crowd.

# TEAM RNIB RUNNER (KATHLEEN):

It is down to the support that you get to be honest, the support of RNIB being on the other end of the phone, email. Raised lots for an amazing charity, very proud to be running around today with RNIB on my shirt.

# TREVOR JORDAN:

Unfortunately my daughter Lizzi lost her sight a year and a half ago, spent three months in a coma. And we gave her a mission seven, eight months ago to run this marathon and she's nearly there.

# TREVOR JORDAN:

The proudest dad in the world.

# LIZZI’S MUM:

We're both very, very proud, it's been a lovely day an absolutely amazing day, one that we never thought we'd see.

# LIZZI & MILLIE:

- Exhausting, rewarding… good fun, challenging...

- Exhausting!

# RNIB RUNNER (RACHEL):

I've been able to help spread the word of such an amazing cause and just showing people, breaking barriers down for people that are disabled, showing that we can do things.

# COMMENTARY:

Thank you to our wonderful Virgin Money London Marathon runners. Together we’ll smash the barriers that stop people with sight loss from thriving. Join us at te 2020 London Marathon, apply for a place at rnib.org.uk/LondonMarathon.

RNIB, see differently.

 [FADE TO BLACK]