Only you know how sight loss changes your life, but you can still get active, feeling good, meeting new people.

It's not about being number one.

It's about moving and having fun.

I never imagined I could run with limited vision, but with the support from the people around me and the person next to me, I could do this. I could actually do this.

Getting out there, trying something new.

There is something just right for you.

I didn't know there were sports out there specifically designed for people with sight loss.

It won't always be easy.

So, let's start small and give it a go.

Let's face it. I’ll never make Wimbledon, but I'm keeping fit, having fun with friends. And I've met people from all around the world.

It's time to make a change.

It's time to see sport differently.

Getting active has not only boosted my self-belief, but also my pride.

Start your own journey today.

Search See Sport Differently to find out more.

In partnership with RNIB and British Blind Sport funded by Sport England and the National Lottery.